



WEEK

6A, Term 4

Monday, 12th November
2012



The Gazette



Barellan Central School

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Principal's Report

Fantastic RAP Formal

What a wonderful evening on Friday with all of the Riverina Access Partnership HSC students from 7 Schools coming together for their end of year formal. All of the BCS students shone as outstanding ambassadors for our school. Bonnita Tubb and Anthony McDonald spoke brilliantly about their experiences studying across RAP and the opportunities it has provided. A huge thanks to Ardlethan Central School for hosting the event.

Kobiga Spells Success

A huge CONGRATULATIONS to Kobiga Kandeepan for her outstanding performance in the Premier's Spelling Bee 2012. Kobiga went deep into the State Finals last week and performed brilliantly under pressure. Thanks to the Primary staff for continuing to support the spelling bee each year as it provides additional opportunities for our students to shine.

Parents as Partners

We greatly value the input of parents at BCS and I would personally like to thank all of the parents who attended the class structures planning forum last week. Please see the attached letter with this week's Gazette for the details.

SRC Authentic Leadership

I had the genuine privilege of being briefed by Alice Kenny and James McDermott last Friday after they led a lunch time meeting with our SRC to develop an application for a \$25,000 community youth grant. The ideas that came from the meeting were outstanding and genuinely showed the students' focus on enhancing the entire community of Barellan. The students will now complete some further community consultation before sending in their application. Congratulations to the SRC, particularly our captains for their excellent leadership.

Off The Wall!

One of the interesting issues raised at parent forum was the large numbers of students in trouble and sitting on the wall outside the office area each day during recess and lunch. Today at assembly I asked students to raise their hands if they sit on the wall each day and are NOT in trouble,

at least 15 hands went up. Students enjoy sitting in the sun on wall and also enjoy the friendly banter with the teachers as they walk past. I for one often take the opportunity to catch up with students for a chat about their day as I walk past at morning tea. However we talked about the perception of being in trouble when they are on the wall and decided to sit elsewhere to correct the perception. So hopefully you will notice an immediate improvement in student behaviour based on reduced wall sittings when you drive past ☺.

Set For Tathra

Most of the secondary students will wash away the exam stress with a dip in the ocean next week as they set sail for the Tathra excursion. The excursion provides an array of opportunities to learn about, and learn in a new environment.

RAP Graduation Dinner



This week @ BCS

Monday	12	Year 7-10 Exams Start
Thursday	15	Whole School Assembly 11.30am BCS Library

Calendar for November 2012

Monday	19	Secondary Excursion to Tathra
Tuesday	20	Mobile Library Visit
Friday	23	Creative Arts Day Tullibigeal Yrs 4-8
Wednesday	28	RAP Study Day @ Lockhart Central

Canteen Roster

Mon 12/11 Denise McDermott	Thur 15/11 Sue Wilson	Fri 16/11 Sarah Lees
Mon 19/11 Helen Foy	Thur 22/11 Karen Smith	Fri 23/11 Joy Geltch
Mon 26/11 Rhonda Duncan	Thur 29/11 Julie Kenny	Fri 30/11 SRC Day
Mon 3/12 Karen Smith	Thur 6/12 Jane Snaith	Fri 7/12 Jeanette Brumby

Writing Trophies

Could all writing trophies please be returned to the front office as soon as possible. Thank you.

Barellan Pre School

Enrolments for the 2013 preschool year with the mobile preschool will be closing on Friday the 16th of November. All interested people can contact us on 69624463 or at the individual centre preschools. Thanks Cate Schoots

K/1 Happenings

Final week of Pre School Orientation. We hope they had a great time and we look forward to seeing them next year!

Week 6 - Term 4

Spelling focus	Sight Words
Spelling words	List words: too, under, want, was, well, went, what, white, who, will, with, yes, after, again, an, any, as, ask, by, could Extension Words: never, only, seven, show Challenge word: sarcophagus
Maths	Multiplication, Division & Position
Theme:	EGYPT—We are doing a country study this term getting ready for a cultural day in Week 8. This week we are looking at: Gods and Goddesses
Home Reader	Read nightly and return each day to be changed

Weekly Timetable

Monday	Preschool Group 2: Charlee-Anne Rowe, Alannah Curran, Tom Jamieson, Suleyman Uzun.
Tuesday	Library Preschool Group 3: Eli Koerper, Darcie Geltch, Brianna Praestiin
Wednesday	
Thursday	Whole School Assembly 11.30am
Friday	Spelling Test Preschool Group 1: Sophie Male, Anika Smith, Will Tiffen, Bianca Spowart

SCHOLASTIC

BOOK FAIR

Luau

It's a Reading Celebration!



Book Fair - Only 1 day to Go!!

Last Day Tomorrow - Tuesday 13th

Open Lunchtimes from 1.10 - 1.40

And 3.00 - 3.30 each afternoon.

Lots of Great Books for Sale

Parents very welcome to come and browse the great selection of books for sale.

A percentage of all sales goes to BCS to purchase new books.





What's on in Year 2/3


The Spellodrome, Mathletics challenge continues

18 certificates were earned this week, well done. Year 2 achieved 9 certificates and Year 3 achieved 9 certificates, a good effort. Cooper, Ebony Jane, Jake Tyler and Paige earned two certificates last week and proudly showed Mr Willetts their achievements on Monday morning. The challenge is on again this week -15 minutes each night will help students achieve 1000 points .

This Week

Leaders	Cooper & Ryan
Text Type	Explanation & Narrative
News 	Roll a story to prepare our imaginations for the writing comp.
AL Book 	THE ISLAND by John Heffernan & Peter Sheehan The class have created beautiful , detailed scratch art pictures of the monster and written a description of him.
Maths	Multiplication, Division, Time & 2D space
Spelling	er (teacher), ar (collar), or (doctor), ure (measure)

Homework

Mathletics	*3 activities – multiplication, division, time & 2D Space *Times Table Toons x11, x8 *Live Mathletics *Tables Worksheet
Spellodrome	Suffixes—word endings Live spellodrome earns 10 points per correct word- what a way to earn quick points to reach your goal this week.
Home Reading 	Encourage your child to look for the meaning of unknown words in the text they are reading. Clues are often in the sentence where the word appears or the sentence before or after. Students could also understand the meaning of the unknown word by thinking about the facts and details in the paragraph where the new word is found.

Awards-

Spellodrome 1000 points = a certificate	Participation Award —Cooper, Jake, Jane, Tyler Golden Bike Award —Ebony & Paige Charlotte 760, Annabelle 140, Sarah 200, Lachlan 130, Wyatt 100, Jake 510
Mathletics	Bronze — Annabelle, Charlotte, Cooper, Jane, Lachlan, Jake, Nikita Silver — Paige, Norm, Ebony, Tyler, Wyatt Arnold 820, Lily 400, Aysel 508, Jasper 770, Sarah 540

BCS 2012 School Magazine

Page Sponsorship

We would welcome contributions to help keep the costs of the school magazine as low as possible.

If you, your family, community group or sporting group would like to sponsor a page in the school magazine please

complete the following form and return it to the school office by -

Monday 19th November (Week 7).

Many thanks,

Tracey Gordon

School Magazine Assistant

BCS 2012 School Magazine

Page Sponsorship

I/We would like to sponsor,

_____ page/s in the 2012 BCS

school magazine at \$5-00 per page.

Please find enclosed the total of

\$ _____

Please complete the following page caption, by inserting the individual or group names of the sponsors:

This page is proudly sponsored by:

Signed _____

Date _____

Please return form to the school office by

Monday 19th November.

Thank you

Sunrise Solar Eclipse

Early in the morning on Wednesday 14th November there will be a Sunrise Solar Eclipse.

The only cities in Australia to see the full eclipse are Cairns and Port Douglas but every other Australian and New Zealand city and town, at or shortly after sunrise, will witness an awe-inspiring partial eclipse – a golden sun hanging low in the sky, partial crescent blackened by an invisible moon.

Most of us will never again view a sunrise eclipse because the next one in our region is 17th December, 2066 in Western Australia!

Note that it is dangerous to look directly at the sun except through specially manufactured eye protection. Sunglasses, film negatives and cotton screens for example DO NOT provide any protection against the wide band of damaging rays produced by the sun.

City	Eclipse Begins	Time of maximum eclipse	Sun's altitude above horizon	Eclipse ends
Adelaide	6:42:54 am	7:30:49 am	16 degrees	8:22:27 am
Sydney	7:07:13 am	8:02:44 am	27 degrees	9:03:39 am

This would mean that Barellan can observe the eclipse between 6:42 am and 7:07 am.

Remember to not look directly at the sun – use a camera to record it to view later.

<i>What's doing in 4/5/6</i>	
AL Book	A Bridge to Terabithia By Katherine Paterson
Maths	Multiplication, Division, Time & 2D space
Mathletics	Access through MOODLE or E-Learning Students should be working for a Bronze Medallion each week. <u>Bronze Medals for this Week</u> Chelsea G, Luke G
Spelling	Learn your list words Look, Cover, Write, Check
Home Reading	20 Minutes per night Either AR Book or own book.
Cultural Study	Germany
Public Speaking	Luke G & Zoe S

Ariah Park B&S Ball Frozen Meat For Sale

Sausages 50 tray - \$20.00
BBQ Steaks 50 tray - \$50.00

Contact 6978 2281 (after hours)

Fun in Primary



Perseverance Conquers All



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Dear Parents and Caregivers,

On behalf of the school I wish to sincerely thank all of the parents who gave up their valuable time to attend the classroom structures meeting on Thursday last week. The focus group of parents came with an open mind, listened to a range of ideas and willingly shared their thoughts and feelings about the proposed models.

The executive team has taken all of the feedback from the focus groups with staff, students and parents and worked on creating a model that we believe addresses all of the issues raised and maximises the benefits of the National Partnerships programs for all students by providing short, medium and long term benefits.

2013 is the last year of National Partnership funding and central to our strategic thinking is the need to ensure sustainable initiatives, quality teaching practices and enhanced leadership for the long term.

Based on the feedback from the consultation we have decided to create a 4th Primary class utilising the LowSES National Partnerships funding. By continuing to combine Year 7 and Year 8, and also continuing to combine Year 9 and Year 10 we have been able to achieve the flexible staffing arrangements we require to continue to innovate, develop quality teaching and learning strategies and build leadership capacity throughout the school.

The final year of the National Partnerships programs will embed a range of initiatives and provide the opportunity for all teachers to be part of leadership teams to implement effective, research based programs to enhance teaching and learning throughout the school.

The details of the plans will shortly be available on the school website in the School Plan and the National Partnerships Evaluation and Annual School Report documents.

Warm Regards,

Bob Willetts

Principal



8th November 2012—Focus Group Activity 1

“Our wish for Our Children”

The following list of words was compiled by parents when asked what was their wish for their children each day at BCS.

The activity acted as a springboard for discussions about class structures and school initiatives.



Choose water as a drink

Did you know?

- ★ Children and teenagers who regularly drink soft drinks and other sweetened drinks are more likely to be overweight.
- ★ In NSW, 55% of boys and almost 40% of girls in Year 6 drink more than one cup of soft drink every day. By Year 8, these figures rise to almost 60% of boys and more than 40% of girls.

Water

Drinking water is the best way to quench your thirst. Even better, it doesn't come with all the sugar and energy (kilojoules) found in fruit juice drinks, soft drinks, sports drinks and flavoured mineral waters. Drinking water instead of sweetened drinks may also prevent dental problems, while the fluoride found in tap water can help strengthen teeth and bones.

Milk

Milk is a nutritious drink for kids and teens and a great source of calcium, which is important for growing strong bones and teeth.

From 2 years of age, children should drink reduced fat milk. It contains much the same nutrients as full cream milk but is lower in unhealthy saturated fats and lower in energy (kilojoules).

Children under 2 years of age should not drink reduced fat milk as they need the extra energy (kilojoules) for their growth and development.



Fruit juice

Giving kids and teens whole fruit to eat is a better choice than offering fruit juice to drink.

While whole fruit contains some natural sugars that make it taste sweet, it also has lots of vitamins, minerals and fibre, which makes it more filling and nutritious than a glass of fruit juice.

One small glass of juice provides a child's recommended daily amount of vitamin C. Unfortunately, many children regularly drink large amounts of juice and this can contribute to them putting on excess weight.

"Drinking water is the best way to quench your thirst"

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NSW Department of Health © 2010 SHPN: (CHA) 100170

Sweetened drinks: soft drinks, cordials, sports and energy drinks

Soft drinks, cordials, sports and energy drinks and flavoured mineral waters often have large amounts of sugar and kilojoules. In fact, a can of soft drink contains around 10 teaspoons of sugar.

Drinking too many sweetened drinks can cause a range of problems including tooth decay, poor appetite, picky eating, change in bowel habits and putting on excess weight. These drinks should only be consumed occasionally – not every day.

Sweetened drinks containing caffeine

Caffeine is a mildly addictive stimulant drug. Cola-type soft drinks and energy drinks contain caffeine as well as lots of sugar. Higher amounts of caffeine are found in energy drinks. There are many side effects of caffeine consumption, particularly in kids and teens. These include disturbed sleep, bedwetting, anxiety and headache – even from drinking quite small amounts. There is also a link between caffeine in soft drinks and bone fractures. Consumption by kids and teens of cola drinks, particularly energy drinks, is best avoided.

Ideas to help kids and teens drink more water

- Pack a water bottle whenever you go out.
- In summer, pack a frozen water bottle in your child's lunch box.

- Don't keep sweetened drinks at home, make cold water available instead.
- Water down sweetened drinks – such as cordials or fruit juice – for a short time and then start to replace them with plain water.
- When playing sport, encourage kids to drink water rather than sports drinks or energy drinks.
- Serve plain water in decorative jugs. Add slices of lemon, orange or mint for flavour and, in summer, add ice cubes to keep it chilled.
- Serve sweetened drinks in smaller glasses and only have them occasionally – not every day.

Remember

- Choose water as a drink
- Sweetened drinks such as soft drinks, fruit juice drinks, cordials, sports and energy drinks are not a necessary part of a healthy diet.
- Regularly offering sweetened drinks makes it harder to choose water as a drink.
- If sweetened drinks are on the menu, try not to include them every day and choose healthier options, such as watered-down versions of favourite drinks. These will still quench your thirst, but without the excess sugar and kilojoules. It can also help reduce the preference for strongly sweetened drinks.

For more information and ideas on healthy eating and physical activity, go to www.healthykids.nsw.gov.au

Sports Crazy Camp



Details

Date

Mon 14 to Fri 18 January 2013

Time

Camp commences at 12 midday on Monday and concludes at 12 midday on Friday.

Venue

Borambola Sport and Recreation Centre (25km east of Wagga Wagga)

Age

10 – 13 years (boys and girls)

Cost

\$295 (includes GST)

Transport

Own transport is required

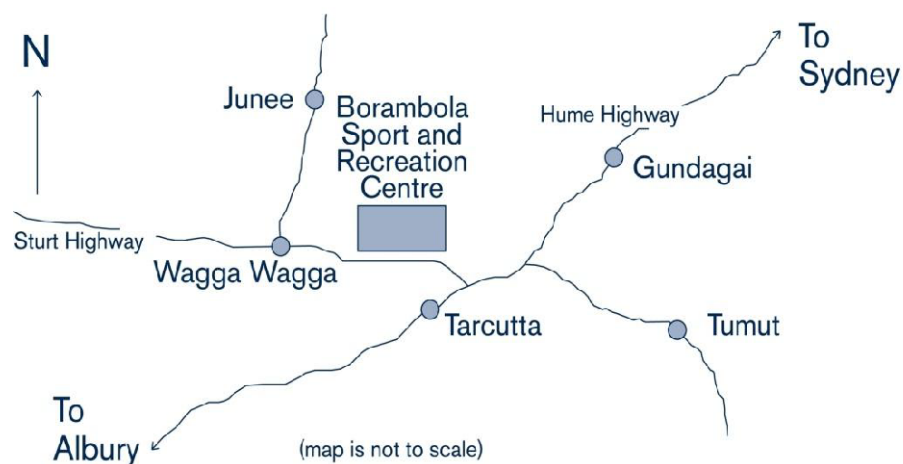
Program number

0061502

Make new friends, try new things and discover your hidden talents!

Join us on a five day fun-filled camp where you'll try a range of sports and activities that provide loads of fun for the summer holidays.

Our qualified coaches and instructors will make sure you get the most out of this fantastic holiday camp. All sports and activities are tailored for boys and girls and are guaranteed to provide loads of fun.



How to enrol

Call **13 13 02** to book and pay over the phone or download our enrolment form and return it with full payment to Department of Education and Communities - Office of Communities, Sport and Recreation Division, Client Service Centre, Locked Bag 1422, Silverwater NSW 2128.

Read our booking terms and conditions. For any enquiries or assistance [please contact our helpful staff on **13 13 02**].

Booking terms and conditions

1. Payment of the full fee for the program must accompany the enrolment for, otherwise the enrolment will not be accepted.
2. Enrolment is necessary prior to the commencement of the program to secure your place.
3. A receipt confirming the details of your booking will be issued after payment has been received.



Office of
Communities
Sport & Recreation

Southern Region