



WEEK
4A Term 3
Monday 08.08.16



The Gazette



Barellan Central School

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Principal's Report

Education Week

It was great to see parents, carers and grandparents come along to our Open Day during Education Week. Thanks to all staff and students for making the day a success.

Parent Teacher Interviews

Don't forget that parent interviews will be held this Wednesday 10th August. Booking forms were in last week's Gazette. Please contact the school if you would like an appointment with any of your child's teachers to discuss their learning. We look forward to seeing you.

Eisteddfod 2016

Tuesday and Wednesday this week our students will be performing at the 2016 Leeton Eisteddfod. We wish them luck as they perform as a K-6 choir and the whole school choir accompanied by the ukulele group.

Secondary Riverina Athletics Carnival

Best of luck to our students heading to Albury this Friday!

The Tell Them From Me student feedback survey

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information is provided in the attached note.

Have a great week

KROP was a very enjoyable two days with all the children's hard work culminating in some awesome performances. Thank you to all the parents for your support and understanding of the invaluable opportunity this event provides for your children. Report from the children will be in the gazette next week.

Denise McDermott



A Quick Bite ...

I Can Eat a Rainbow

Did you know that fruit and vegetables of different colours have lots of health benefits? When a child eats a rainbow a wide variety of essential vitamins, minerals, fibre and antioxidants are provided to their diet.

Get your child to help list some fruit and veggies of each colour. Here are some to help you get started.

Red: tomato, rhubarb

Yellow: squash, pineapple

Orange: sweet potato, nectarines

Green: spinach, kiwi fruit

Blue/Purple: blackberries, plums

Brown/White: cauliflower, banana



Why not build a rainbow on your child's plate?

Or colour in a section of a rainbow every time they eat a fruit or vegetable of a different colour?

For more information visit

www.mhhd.health.nsw.gov.au/services/health-promotion-1

**Live Life Well
@ School**



Health
Murrumbidgee
Local Health District



Canteen Roster Term 1 Week 11 & Term 2

Calendar Term 2 2016

August

Wed 10.08 Parent/Teacher Interviews
 Fri 12.08 **Riverina Secondary Athletics @ Albury Please note change of Date**
 Mon 15.08 Riverina Choral Camp for 5 days
 Wed 17.08 BCS Spelling Bees
 Mon 22.08 HSC Trials Commence
 Book Week
 Tues 23.08 Mobile Library
 Life Education Van Visits

September

Fri 02.09 Riverina Primary Athletics Carnival @ Albury
 Tues 06.09 RAP Study Day @ ACS
 Fri 23.09 Year 12 Last Day / Assembly
 Last day for Term 3

October

Mon 10.10 Students and staff return for Term 4

Please note full Winter school uniform is required for Eisteddfod participants.
 Girls should be in **BLACK** tights, not skin coloured.

Mon 08/08	Thu 11/08	Fri 12/08
Kathy Bourchier	Simone Girard	Kellie T
Mon 15/08	Thu 18/08	Fri 19/08
Carrie Taylor	Chantelle Booker	Jeanette Brumby
Mon 22/08	Thu 25/08	Fri 26/08
Tina Haeusler	Julie Kenny	Linda Forrester
Mon 29/08	Thu 01/09	Fri 02/09
Karen Smith	Sarah Lees	Kellie T
Mon 12/09	Thu 15/09	Fri 16/09
Celeste Irvin	Simone Girard	Jeanette Brumby
Mon 19/09	Thu 22/09	Fri 23/09
Carrie Taylor	Sue Wilson	Linda Forrester



P&C Supporting Our School

August is fruit and vegetable awareness month. If you have any fruit trees that are full and you would like to donate them to our P&C, for the students, please contact Kellie Tarlington.

Just a reminder that the **BCS Breakfast Club**, which is open daily to all students, is completely **FREE** of charge. Please come along and join us every morning between 8.15am and 8.45am.

We look forward to seeing you!

Term Three laptop lease payment is now due.

 **SCHOLASTIC**

Book Club

Could all June Book Club Orders please be returned to the front office by

Tuesday August 16

No late orders will be accepted.

Student of the Week



Kokulan Kandeepan

Year 8

For having a positive attitude in Science

congratulations!



Barellan Central School Book Week

Celebrations

Monday, August 22

Book character parade, more details to come

BCS Spray Jacket Order

The P&C will be placing an order for Spray Jackets.

This is the last order going in for school jackets. If you have any problems with your new jacket please contact Christie Smith. This Friday is the last day to get your order in. THERE WILL BE NO ORDERS TAKEN AFTER FRIDAY August 12th.

Jackets are \$75.00. A payment plan can be put in place if required.

Or direct deposit: BSB 062 548 Account Number
28001273

Spray Jacket Order Form

6,8,10,12,XS,S,M,XL,2XL,3XL,4XL

Name	Size
------	------

Paid by Cheque

Cash

or Direct Deposit

Signed _____

Barellan Central School Parent/Teacher Interview Request Note

Student's Name _____

Year	Preferred Time
2010	10:00 AM
2011	10:00 AM
2012	10:00 AM
2013	10:00 AM
2014	10:00 AM
2015	10:00 AM
2016	10:00 AM
2017	10:00 AM
2018	10:00 AM
2019	10:00 AM
2020	10:00 AM
2021	10:00 AM
2022	10:00 AM
2023	10:00 AM
2024	10:00 AM
2025	10:00 AM
2026	10:00 AM
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2094	10:00 AM
2095	10:00 AM
2096	10:00 AM
2097	10:00 AM
2098	10:00 AM
2099	10:00 AM
2100	10:00 AM

Student's Name _____

Year _____ Preferred Time _____

Student's Name _____

Year	Preferred Time
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Student's Name _____

Year_____ Preferred Time_____

Student's Name _____

Year _____ Preferred Time _____

Student's Name _____

Year_____ Preferred Time_____

Name _____

Signature _____

Spray Jacket Order Form

K/1 Class News

It was great to see many families at the open day last Wednesday.

Wednesday 10 Aug is the Leeton Eisteddfod. Please make sure students come to school in correct full winter uniform. Students will also need to bring recess, lunch and a water bottle. Please make sure all items are labelled.

I will be away this Friday and class will run as normal. A reminder about school requirements, if you haven't yet sent in your box of tissues for this term could you please do so. With the cold season upon us it will be important that students are using strategies to help minimise the spread of germs. Your assistance in helping to keep the students at BCS healthy is greatly appreciated.

Remember that students are encouraged to bring in a piece of fruit for Crunch and Sip and a water bottle.

Just a reminder about school uniform. Students need to be in the correct school uniform, if they are out of uniform please send in a note with your child. Please make sure all items of clothing are labelled.

I hope you all have a great week.

This Week

Tuesday	Library, please remember your library bag.
Wednesday	Leeton Eisteddfod. Please ensure students are in correct winter full school uniform

Homework

Home Reading	Please remember to write in home reading books each time your child reads. Supporting your child through reading the books is very important and will develop reading confidence and enjoyment in students from a young age. On Tuesday students will be bringing home two home readers due to the Leeton Eisteddfod on Wednesday. Students do not need to bring their home readers on Wednesday.
Reading Eggs Awards	Bronze—Grace Evans Gold—Lilliana, Koby
Mathletics Awards	Congratulations to all students who attempted Mathletics activities last week.



B.C.S. SPELLING BEE
Wednesday August 17 in the
Library
Commencing at 9:15am

5/6 Class Happenings

Congratulations to those students who performed in **KROP** last week. Well done to Mrs McDermott, Mrs Madden and Mrs Moore for their hard work in preparing and supporting the students in this experience.

This **Wednesday** is the **Leeton Eisteddfod** for all primary students. Permission notes have been sent home and must be returned tomorrow.

Parent/ teacher interviews will be this Wednesday the 10th of August. If you would like to, and have not booked a time there is a form in this Gazette that must be returned to school tomorrow. If you are unavailable this Wednesday, please contact the school office and we can arrange to meet another time.

Unfortunately my phone is still having issues which means that I do not receive **ClassDojo messages** as quickly as I previously have been, if I receive them at all. If you need to contact me please email me at kellie.nicholls1@det.nsw.edu.au or phone the school on 69639202 and leave a message as I cannot guarantee that I will receive your Dojo message. I will try to resolve this issue ASAP and will notify you when it has been resolved.

Book Week celebrations are in **week 6**. On Monday the 23rd of August we will have our dress up day. Children are encouraged to dress up as a book character and bring along the book that their character features in.

This Week

Reminders	Library Day is Thursday Sport uniforms are to be worn on Mondays and Fridays.
Mathematics	Division
Spelling	Spelling Bee and Spelling Mastery
Literacy	Text Study

Homework

Homework	Due to myself being away last week sick I will attempt to quickly update myself with homework already handed in and hopefully send out new homework early in the week.
Awards from last week.	Mathletics Bronze— Nace 1038, Jack 1100, Ella 4005, Will 1083, Jane 1240, Wyatt 1020, Tyler 1610, Charlotte 1081, Mathletics GOLD— Lachlan 1089

1/2/3 CLASS NEWS

1/2/3

Leaders: Bailey & Brianna

Mrs McDermott She is back this week, Yahoo, we have missed you!

Empty Tissue Box- This week students will be working on a book response which will require an empty tissue box so don't stop sniffing until we all have boxes please. Taa

Eistedfodd

Please send your child to school looking a million dollars. We are representing our school at Leeton so we want to be loud and proud.

Timetable Update

Monday- Science/Health, Maths Rotations with Mr Kandeepan

Tuesday- HSIE with Miss Winter

Wednesday- Fundamental Movement Skills PE uniform please

Thursday- Library, Music

Friday- Sport, New Maths topic intro

Parent Teacher Interviews

If you have any questions please call and make a time to see us, any time.

Elliott the Class Bear

Elliott will be coming to 1,2,3 homes during the weekend for a sleepover. Please help your child to record the exciting things that happen at your house.

If he turn up on Friday stuffed in a school bag you know your child has set great learning goals, taken risks to learn and made a huge effort to improve. We hope Elliott visits you SOON.

Mathletics

*Big effort from-
Dakota 904, Connor 470*

Bronze

Ronan 1060, Ashley 2568, Anika 1340, Taylor 1240

Silver

Toby 2100

Term 3 Mathletics Challenge

Last week 9 certificates.

This week only 5 oh no!

Will you be coming to the party?

4/5 Class Happenings

Class Dojo:

As I will post regular reminders of events and updates on class projects, I would encourage all parents/carers to join ClassDojo if possible as it is the most effective way of communication. I have only received 8 responses so far! If you have lost (or never received) your invitation letter, please let me know and I can issue another one.

Jump Rope for Heart

Last week a note went out advising of Barellan Central Schools participation in Jump Rope for Heart. On Friday 16 September, both primary and secondary classes will be participating in a "Marathon Skip-off" where students will take turns performing continuously skipping activities throughout the day.

Jump Rope for Heart raises awareness of Heart Disease and funds raised go towards further research into new treatments and preventions of heart disease.

It is a very worthy cause and students are encouraged to find sponsors for this event. Donations can be made online by going to <http://jumprope.everydayhero.do/jumprope2016/?group=Barellan-Central-School-BARELLAN-NSW-116749>

Or by completing the paper form send home on Friday.

Parent-Teacher Interviews

Just a reminder that parent-teacher interviews will held this **Wednesday 10 August**. Please phone Rhonda at the office to book a time if you wish.

WANTED!

We are busily preparing for the Barellan show and would like to take any unwanted craft items off your hands. Items such as buttons, wool, felt, scrap pieces of material, unwanted ping pong balls, ribbons etc would be greatly appreciated.

I have received a generous donation of odd socks for our sock puppets, however if your child has a particular preference or idea in mind they are welcome to bring in their own sock, for example pink socks make 'perfect pigs', grey socks make 'excellent elephants', spotted socks make 'lovely leopards' or 'daring Dalmatians,' striped socks make 'terrific tigers' or 'zany zebras', just to name a few, the possibilities are endless!

This Week

Reminders:	Library Day is Thursday Sport uniform to be worn on Tuesdays for PE and Friday for sport. AR is on Wednesday and Friday. Music and trade Centre is on Wednesday.
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Home Learning

Home Learning tasks for Weeks 3-4 were sent home last week and are due back on Friday 12 August. Daily reading and Times tables practise are of utmost priority. All students need to practise times tables at home every night until they can recall them instantly. There are lots of fun 'apps' and revision activities that are easily accessible to assist students.

IMPORTANT DATES TO REMEMBER:

Wednesday 10 August: Leeton Eisteddfod

Parent-teacher Interviews

Monday 22 August: Book Week Parade

Friday 2 September: Riverina Primary Athletics

Tuesday 13 September: Roald Dahl Day

Friday 16 September: Jump Rope for Heart - Jump Off



**Tell Them From Me student survey:
Information and consent form for
parents and carers**



8/08/2016

Dear Parents and Carers

This term, our school is taking part in the *Tell Them From Me* student survey. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help them improve. The survey is completed on-line and is run by an independent research company, **The Learning Bar**, which specialises in school-based surveys.

The survey will only be available to **students in Year 4 to Year 12.**

Staff in schools will **not** be able to identify individual students from their responses. To ensure confidentiality, participating students will receive a unique username and password. Where fewer than five students respond to a question, the results will be suppressed. The survey typically takes 30 minutes or less to complete and will be administered by the school during normal school hours. Once the surveys are completed by students, reports are prepared and in most cases are available to schools within three business days.

This survey will help your school better understand how to improve student wellbeing and engagement. It will help the school identify what works to improve student outcomes.

Participating in the survey is entirely voluntary. Your child will not take part if either you or your child do not wish. If, during the survey, your child is uncomfortable, he/she can choose to stop the survey at any time. The majority of questions in the survey can be skipped.

If you **do not want your child to take part** in the survey, please complete the attached form and return it to your child's school by 17/08/2016

More information about the survey and the research is available in English on the CESE website: <http://surveys.cese.nsw.gov.au/information-for-parents>

Nathan Hartley
Head Teacher Wellbeing
Barellan Central School

Dr Jenny Donovan
Executive Director
Centre for Education Statistics and Evaluation

Tell Them From Me Student Feedback Survey non-consent form

If you **do not want** your child to participate in the student feedback survey, please sign this form and return it to your school by 17/08/2016

I DO NOT give consent for my child/children to participate in the *Tell Them From Me* student feedback survey.

Name of student/s

Roll class/es

Name of parent/carers

Signature of parent/carers

Date

Navigating teenage **DEPRESSION**

Parent/Caregiver Presentation Barellan Central School

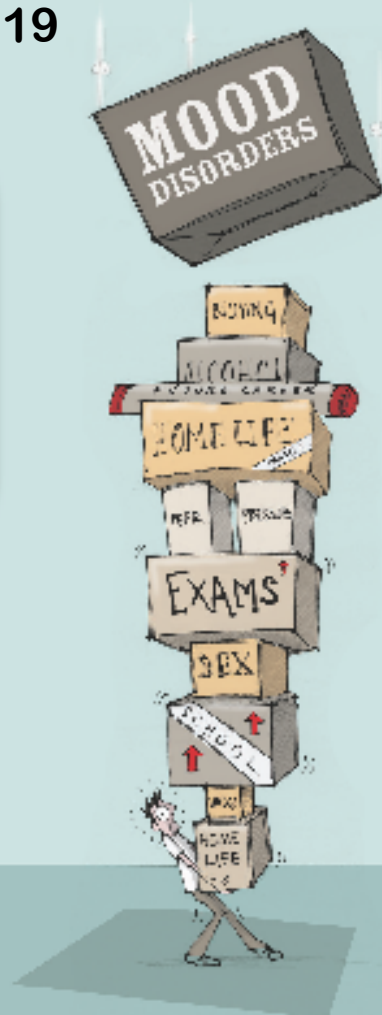
Monday, September 19

3.30pm - 4.30pm

You will learn about:

- What is depression and bipolar disorder?
- How to spot early warning signs in young people
- When and where to seek help
- How to support a young person you care about
- How to build resilience

This one-hour presentation is delivered by a trained presenter who has personal experience of a mood disorder or of caring for a loved one. It is suitable for parents, teachers and people who work with young people and provides a quality introduction to the subject.



Barellan Central School will be offering this presentation for FREE to all parents and caregivers in the community.

The session will be held on Monday, September 19 from 3.30pm—4.30pm

If you are interested in attending, could you please complete the expression of interest form attached and return to the school, or contact the office on 69639202 to register your interest.

Navigating Teenage Depression Presentation Expression of Interest

I wish to register my interest in the hour long presentation on Monday, September 19 commencing at 3.30pm.

Name/s _____

Signed _____



veg it to the **MAX!**

FAMILY CHALLENGE

Dear Parents and Carers,

Your child's school is taking part in Fruit & Veg Month 2016. The theme of this year's program is 'Vegetables are Funky'!

Did you know that only 5.4% of Australian children eat the recommended serves of vegetables? Primary school aged children need around 5 serves of vegetables a day (1 serve = 1 cup of raw salad vegetables or ½ cup of cooked or canned vegetables).

Unfortunately, simply telling your kids to eat more vegetables because they are healthy doesn't tend to work. 'Vegetables are Funky' is all about encouraging kids to eat more vegetables through positive and fun activities.

**To get the whole family into the spirit of the month,
we challenge you to.... veg it to the MAX!**

How?

- Take one of your regular family recipes. 'Max the Veg' by increasing the amount and variety of vegetables in the recipe.
- Work together as a family to create your dish. Involving the kids in the planning, preparation and cooking means they are more likely to enjoy it. To get in the mood, listen to selected tracks from The Vegetable Plot for free – www.thevegetableplot.com.au
- Take a photo of the dish, fill out the entry form and send it in! Use the hardcopy form attached or enter online at www.fruitandvegmonth.com.au

What?

There are some great prizes to be won:

1st prize | 2 to be won

\$250 cash

2nd prize | 10 to be won

\$100 Harris Farm Markets gift cards

3rd prize | 20 to be won

Season One CD by The Vegetable Plot

When?

All competition entries must be received by 5pm, Friday 14 October. Winners will be notified by Friday 4 November.

Full competition details can be found at: www.fruitandvegmonth.com.au

Please note that by entering this competition you are permitting Healthy Kids to use your recipe and photo in both hard copy publications and online.

Please write clearly. Illegible entries will not be able to be judged.

HARRIS FARM
MARKETS



**Vegetables
are
Funky!**



Recipe Name: _____ No of serves: _____

Ingredients:

Method:

How did you 'MAX the Veg'?

Any other information you want to provide about your recipe?

Please attach a photo of your dish to complete your entry form.

YOUR ENTRY DETAILS:

Name: _____ Daytime phone number: _____

Email address: _____

School: _____

SEND YOUR COMPLETED ENTRY TO:

Veg it to the Max Competition
Healthy Kids Association
Suite 1.04, 16 Cambridge St, Epping NSW 2121



Vegetables
are
Funky!

Barellan Aged Care Support Group News... Annual Show

Helpers desperately wanted for the show. For preparation in the morning from 8.30am onwards, over the lunch period and for afternoon tea. If you have any spare time please call me on 0427708140.

Also needed are donations of cakes and/or slices, tossed and pasta salads and egg fillings. We are already a very small group plus we have a number of members away so we need any help you can give thank you.

Drums

As the drum muster shed was destroyed by a fire in February it was suggested to make a few temporary farm collection sites. Simon Brumby has offered to collect again at his farm, please contact Simon to arrange a time to suit him.

If there are over 1000 drums in one place, the 'Drums Go Round' are happy to collect from farms. For every drum from 500ml to 20ltrs we are given .25 cents so it adds up. Thankyou

BINGO

Bingo has been running for 1 year now and continues to be popular every Monday at the Commercial Hotel at 11am for 11.30am start. \$10 for a book of 20 games and \$5 for lunch including soup, sandwiches, cake and tea and coffee. Laughs are for free.

Thanking you

Colleen O'Grady

Barellan Community Health Centre News.....

Barellan Community Health Centre will be closed from August 1st - August 22nd for community nursing services.

Please phone Leeton community nurses on 69591284 for nursing services. Pathology services will operate every Tuesday from 8am to 10am as normal.

ST Therese Catholic Church Street Stall Friday, August 12.

All donations gratefully accepted.

Don't forget the Gazette is available each week on the school's website in beautiful colour.

<http://www.barellan-c.schools.nsw.edu.au>



WOMEN'S SELF DEFENCE WORKSHOP

with Sensei Frank Cirillo

Effective No nonsense Easy to remember

Defensive Strategies for Women



Tuesday 16th August

7pm - 10pm \$50

Ages 12 & Up

BOOK NOW - 02 6962 4631

The Junior 2Blues presentation will be held at the Barellan Sports Ground on Sunday 4th September 2016. Yes, it's Fathers Day! After you have cooked the meat you can have all the rest you want. A free BBQ salad lunch will be served at 12pm followed by football and netball presentations.

Could each family bring along a salad please. Surprise activities are install. Be ready for fun.



CANINE CATWALK

whoop wheet

Saturday 17 Sept 2016
Ardlethan Show
all welcome

Nothing to wear?
Sort your trash and come & play @
THE UPCYCLE DOG FASHION WORKSHOPS
with designers Jenny Bannister & Dianne Clark

UPCYCLE WORKSHOPS
Thursday 15th & Friday 16th September 2016
\$20 per day (students \$20 for 2 days)

CANINE FASHION PARADE - Sat 17 Sept
Ardlethan Show from 4.30pm
Sign up for the Dogway Runway

Bookings and enquiries:
ddclark3121@gmail.com
0412 051 499
jennybannister13@gmail.com
0400502722

f Upcycled Working Dog

