



Week 2B Term 1

Monday 5/2/18

The Gazette



Barellan Central School

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PRINCIPAL'S REPORT

SWIMMING CARNIVAL FUN

Our annual Swimming Carnival will be this Thursday afternoon. We hope you can come along and join in the fun. We would love it if you could help out for a short time with timekeeping from 4pm, or if you arrive a bit later, you can swap with someone. Or help out with the K-2 kids in the small pool with their games. It's always a great evening – we look forward to seeing you there!

GOAL SETTING SESSIONS

Miss Forner and I will be spending time with Years 6 to 10 this week to set some learning goals for throughout 2018. Students will be taken out of class for a short period of time in small groups to work through how to set goals. An information session will be run next week for parents. There is more information in this Gazette.

SKILLS FOR LEARNING (AND LIFE)

We often talk about skills that are needed for learning. These skills are also needed as we make our way through life. These include learning to be resilient, responsible, resourceful and reflective. As partners in your child's learning, we can all help them to learn these skills. For example, resilience. Resilience ... it's a familiar word, isn't it? But what does it really mean?

When we talk about resilience, we're talking about a child's ability to cope with ups and downs, and bounce back from the challenges they experience during childhood – for example moving home, changing schools, studying for an exam or dealing with the death of a loved one. Building resilience helps children not only to deal with current difficulties that are a part of everyday life, but also to develop the basic skills and habits that will help them deal with challenges later in life, during adolescence and adulthood.

10 best phrases to teach resilience to your kids

1



Goal
Humour

Phrase
"Come on, laugh it off"

2



Goal
Contain thinking,
perfectionism and anxiety

Phrase
"Don't let this spoil everything"

3



Goal
Distraction

Phrase
"Let's take a break"

4



Goal
Handling worry and asking for help

Phrase
"Who have you spoken
to about this?"

5



Goal
Offering hope

Phrase
"I know it looks bad now but
you will get through this"

6



Goal
Positive reframing

Phrase
"What can you learn from this so
it doesn't happen next time?"

7



Goal
Acceptance

Phrase
"Don't worry – relax
and see what happens!"

8



Goal
Perspective

Phrase
"This isn't the end
of the world"

9



Goal
Flexible thinking

Phrase
"You could be right. But have you
thought about ..."

10



Goal
Taking action

Phrase
"What can we do
about this?"

BCS GET IN THE FLOW(CHART!)

This year at BCS, we are implementing a new behaviour flowchart which provides rewards for those exhibiting behaviour that helps learning and supports the implementation of strategies for those whose behaviour is preventing learning.

The aim is to promote positive learning habits and encourage students to take responsibility for their learning.

Students have been introduced to the flowchart in Week 1 and this week, students will help determine the rewards available for the weekly draw for those exhibiting positive learning behaviours.

If students are placed in the draw, they will be issued with a green reward slip. The first prize draw will occur on Friday of Week 3.



Students can be nominated for the draw by doing any of the following:

- Being prepared for learning
- Being on task
- Following instructions
- Being respectful and cooperative
- Following the BCS Super 6
- Taking risks in learning
- Persevering
- Being engaged in learning
- Asking great questions
- Solving problems creatively



If students are exhibiting behaviours that prevent learning in class, they will be required to reflect on those behaviours with their classroom teacher. The flowchart enables teachers and executive staff to keep parents informed of students' behaviour and puts specific monitoring strategies in place for students who are repeatedly preventing themselves, and others, from learning.



If you have any questions or concerns about the BCS Behaviour Flowchart, please contact the Head Teacher of Secondary Studies and Welfare Coordinator, Ms Lauren Forner.

Calendar Term 1 2018

December

February 2018

Thur 8 Twilight Swimming Carnival 3:30pm
 Fri 9 Day off in lieu of Carnival
 Thur 15 Yrs 7,10,11 Vaccinations
 Tues 20 Mobile Library Visit

March 2018

CANTEEN NEWS

Hi and welcome to a new canteen year.

The current canteen pricelist is attached to today's Gazette.

Nachos are unavailable for this term.

We are extremely short of canteen volunteers again this year. If you are able to do just one day a term of canteen it would be a huge help.

A typical canteen day starts at 10.30am just before recess and you are normally done and dusted by 2pm.

Your kids will be very excited to see you on canteen. If you would like to give canteen a try you can call me on 0427 553 123 or pick a day your available and pop in and do canteen with one of our wonderful volunteers to learn the ropes.

Thank you all for supporting our canteen.
 It is our main source of income for the P&C.
 Many thanks
 Tracey Gordon



MESSAGE FOR AGRICULTURE STUDENTS:

Just reminding parents and students that year 9/10 Ag are required to bring a work shirt (preferably long sleeved) and long pants to get changed into for days where we will have practicals. Work boots are optional.

This will help to save their uniforms from getting damaged but also to protect them from the sun and snakes.

L Robertson

P&C Supporting Our School



CANTEEN ROSTER TERM 1 - 2018

Thursday 1st February	Friday 2nd February
Tracey Gordon	Karen Smith
Thursday 8th February	Friday 9th February
Kathy Bouchier	CANTEEN CLOSED
Thursday 15th February	Friday 16th February
Sue Wilson	Tina Haeusler
Thursday 22nd February	Friday 23rd February
Alicia Hornbuckle	Michelle Alyuosif
Thursday 1st March	Friday 2nd March
Bernadette Bandy	Julie Kenny
Thursday 8th March	Friday 9th March
VOLUNTEER REQUIRED	Karen Smith
Thursday 15th March	Friday 16th March
VOLUNTEER REQUIRED	VOLUNTEER REQUIRED
Thursday 22nd March	Friday 23rd March
VOLUNTEER REQUIRED	Michelle Alyuosif
Thursday 29th March	GOOD FRIDAY
Tina Haeusler	CANTEEN CLOSED
Thursday 5th April	Friday April 6th
Sue Wilson	Julie Kenny
Thursday 12th April	Friday 13th April
Alicia Hornbuckle	Karen Smith

P & C MEETING

Our P&C meeting will be this coming Tuesday, the 6th Feb @ 3:00pm in the library.
 All welcome to attend.

INFANTS Class News

K/1/2 Homework – Wednesday 7th or 14th February



For homework bring a photo of your family and tell us what you do at your house.

What things do you do with your family?

Do you have pets at home?

Have you all got special jobs to do?

Does your family have a special meal that you share?

What is special about your family?

Thankyou Mrs Kenny

YEARS 2/3/4 Class News

Year 2/3/4 Health Homework

Last week students in 2/3/4 brought home a tally sheet to record how often they eat fruit each day. Please help your child to make a tally mark for each meal that they ate fruit or veg and record which fruit or veg was consumed. Mrs Kenny

We have received reports of Head Lice once again.

Tips for parents in reducing the spread of head lice

As infestations are particularly common in primary schools, it is best to choose a treatment that can be used over time. There is no single solution to eradication, only persistence. Please check with a

chemist for more information but meanwhile:-



- regularly check your children's hair
- teach older children to check their own hair
- tie back and braid long hair
- keep a fine tooth head lice comb in the bathroom and encourage all family members to use it when they wash their hair.

Learning Goals

This year, students in Years 6-12 at Barellan Central School will have the opportunity to establish learning goals to assist them in their growth throughout the year.

This is an initiative that will encourage students to develop responsibility and initiative and will enable teachers to personalise the learning of each student.

All students will meet with the Principal, Mrs Stacie Luppi, and the Relieving Head Teacher of Secondary Studies, Ms Lauren Forner, to set and discuss the goals they will work towards achieving this year. These goals will be reflected on fortnightly by students during an allocated time.

Students will be provided with a learning journal in which to record their goals and reflections, and will have an opportunity to review their goals at the end of each term.

Student interviews will take place on Tuesday 6th and Wednesday 7th of February 2018, following which, parents and guardians will be mailed information about the goals their child or ward has set.

To assist students in achieving these goals, we ask that you continue to discuss and promote progress towards them at home.

If you have any concerns or enquiries about the interviews or this initiative, please contact Ms Lauren Forner, Relieving Head Teacher of Secondary Studies at Barellan Central School on 02 69 639 202



URGENT

Please ensure all student requirements for asthma and allergies are up to date. e.g. puffers, medication

Barellan Central School Summer Uniform Order

Pebble Polo

Primary

Sizes 4 – 16 \$20.00

White Polo with BCS logo

Secondary

Sizes 10,12,14,16,18,XS,S,M,L,XL
\$35.00

White Polo with BCS & Rap Logo

Year 11 & 12

Sizes 10,12,14,16,18,XS,S,M,L,XL
\$45.00

Gold Sports Polo

Sizes 4,6,8,10,12,14,16,18
\$40.00

Black Micro Fibre Shorts

Sizes 2,3,4-16 \$15.00

S,M,L,XL,2XL,3XL \$18.00

Summer Tartan Dresses

Primary

Sizes 4-16 \$55.00

Black & White Tartan Skirt

Secondary Made to Measure

Black & White Tartan Skirt

Second hand Skirt
\$25.00

Boys Grey Gabardine Shorts

Primary

Sizes 2,3,4 -16 \$16.00

Boys Grey Gabardine Cargo

Primary

Sizes 4-16 \$18.00

Adult Grey Cargo Shorts

Secondary Year 7-10

Sizes S -2XL \$22.00

Black Sloppy Joe V Neck with

School Logo

Primary Only

Sizes 4- 16 \$25.00

Black V Neck Jumper with

School Logo

Primary & Secondary

Sizes 4-16 \$45.00

Sizes S,M,L,XL,2XL,3XL \$55.00

BCS Hat

\$20.00

Small- 55cm

Medium – 57cm

Large -59cm

XLarge – 61

The hats are printed with BCS on the
Front and the child's name on the back
please indicate name on order form

GRAB A BARGAIN

Rugby Knit Shorts Black

\$5.00

1x Size 4

1x Size 14

1 x Size 16

Mesh Shorts Black

\$5.00

1 x Large

1 x X Large

Fleecy track Pants

Straight Leg \$5.00

2 x Size 6

1 x Size 8

NO HAT PLAY IN THE SHADE

UNIFORM ORDER FORM

Orders & money to be returned to school by 9th February 2018 – note: goods must be paid for prior to pick up

Cheque made payable to Barellan Central School P&C or

Direct deposit Bank Details BSB : 062548 Acc: 28001273

Further information please contact Jeanette Brumby on 69 683 258 or 0428 683 258

Item	Size	Qty	Price	Name on Hat

Total Amount Enclosed \$

Signed

TWILIGHT SWIMMING CARNIVAL 2018

Thursday February 8th commencing at 3:30pm

All family and community members are welcome to join us.

We will be in need of parent helpers for time keeping and the school greatly appreciates the assistance we get each year to enable us to run the carnival.

Students are allowed to come to school in house colours but be aware coloured hairspray is not permitted in the pool. Coloured zinc can be applied after 3:30pm prior to the start of the carnival.

The swimming carnival is compulsory for all students. Students will attend school on Thursday following the normal timetable. If your child/ren does not attend the carnival you will need to give a written note to the office.

At 3pm students will have time for afternoon tea and then be walked to the pool for the commencement of the carnival.

Kindergarten and Years One and Two students under the age of 8 will go to the pool for games at 3pm. Students will change into their swimmers at school before going over to the pool. These activities will be conducted in the small shallow pool. Parents of Infant children are able to take their child/ren home on completion of their activities

Students are reminded to bring sun-screen, towel, hat, rashie and drinking water.

Heather will be operating her kiosk including a BBQ, throughout the carnival.

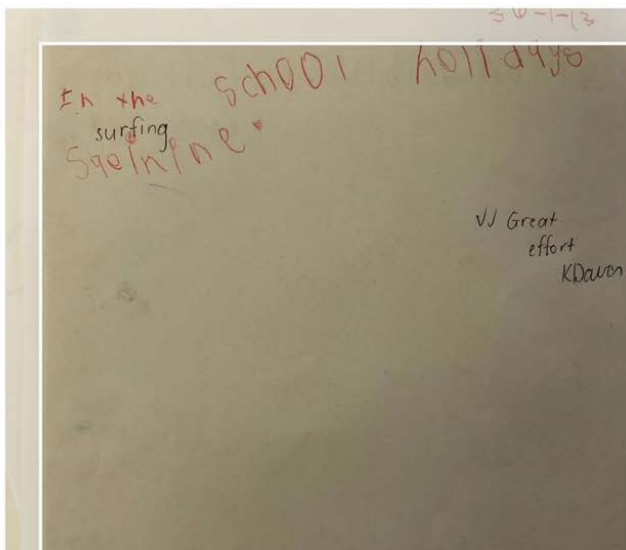
Students are not permitted to leave the pool during or after the carnival unless they are with their parent or a trusted adult. Parents are expected to make arrangements to collect their children and to advise the school.

Please ensure your child has a Swimming Permission Note handed into the office. This note is again attached to the Gazette.

NO SCHOOL FRIDAY

Due to the Twilight Swimming Carnival this Thursday, the school will not operate as normal the next day, Friday February 9th. There will be minimal supervision only.

Students are NOT required to attend school on Friday.



BARELLAN RURAL FIRE BRIGADE
A.G.M.

Notice is hereby given, that the general meeting of the Barellan Rural Fire Brigade will be held on:

Monday 26th February, 2018

commencing at

7:30pm at the fire station

Members of the Barellan Rural Fire Brigade and interested members of the public are invited to attend.

Ian Waide – Secretary

